

# Square Dancing

It's not what you think...

Photo by Roger Peterson



Today's square dancing does not involve frilly petticoats, cowboy shirts and old fashioned music. We wear what we like and dance to everything from the Beatles to modern country to pop favorites. It's not even dancing. It's just walking to music. It's a little like football, except without the concussions. You've got formations. You've got a team around you. You've got plays sent in by the caller. The challenge is: can you run your route successfully?

Now granted, the team is coed, but that's a positive feature. The team is made up of couples and singles—no partner required! You're working together with seven other people and when you nail the outcome, it's really quite exhilarating! All that is necessary is the ability to sustain a fast walking pace and a positive attitude. A quick mind and the love of a good puzzle can also help! If you enjoyed geometry in high school, you'll get a kick out of this stuff.

***A great way to exercise your body and mind!***

Classes start in **KENILWORTH** on Thursday, January 25<sup>th</sup>

7:30-9:30 p.m.

*Still not sure? Try an introductory lesson for **FREE!***

**KENILWORTH:** 600 Ivy Court

Thursday, January 18

7:30-9:30 pm

**NEW LOCATION!**

For more information: [www.NorthShoreSquares.com](http://www.NorthShoreSquares.com)

 North Shore Squares